

## LOCATION

Office based services are located in Murrembeena.

Outreach services may be available for families living in *the City of Monash and the City of Glen Eira*.

## FEEES

The fees are based on a sliding scale according to a family's combined income.

Clients may be eligible for Medicare or Private Health Insurance Rebates. Health Care Card Holders may be eligible for bulk billing.

## SESSION AVAILABILTY

Day, Evening, and Weekend appointments are available

## CONTACT DETAILS

**Susana Gonzalez**

**Principal Psychologist, MAPS**

(Member of the Australian Psychological Society)

**Phone:** 0478 636 076

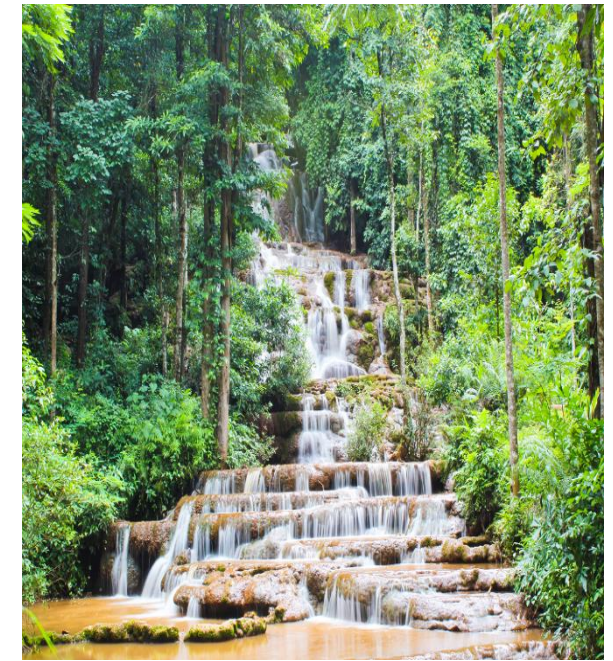
**Email:** sgonzalez@iinet.net.au

**Website:**

[www.healingstepspsychology.com.au](http://www.healingstepspsychology.com.au)

**Address:**

203 Poath Road  
Murrembeena VIC 3163



## HEALING STEPS

## CHILD & PARENT

## PSYCHOLOGY



## HELP FOR



*An accessible and high quality psychological service that is client focused.*

*It is centered upon providing parents and children with the steps towards achieving better health and well-being.*

*The consulting room is specifically designed to assist children overcome their difficulties and achieve their potential through the medium of play.*

### Children struggling with:

- ✚ emotional, social, & behavioural difficulties
- ✚ mental health conditions
- ✚ eating & body image concerns
- ✚ settling & sleeping problems
- ✚ educational, school, & peer difficulties
- ✚ poor self-esteem & confidence
- ✚ change & adjustment issues
- ✚ grief, loss, & trauma

### Parents struggling with:

- ✚ knowing how to help their children
- ✚ parenting & discipline difficulties
- ✚ relationship difficulties between parents, parent and child, or between siblings
- ✚ adjustment to parenthood

## SERVICES AVAILABLE

- ✚ Assessment & Treatment
- ✚ Individual Child therapy
- ✚ Parent Therapy
- ✚ Joint Parent-Child Therapy
- ✚ Family Therapy
- ✚ Child and Parent Support Groups
- ✚ Parent Psychoeducation
- ✚ Secondary Consultation
- ✚ Information and Referral to other Relevant Services

